



An autism-friendly guide to visiting



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About Wellington Square

What is Wellington Square?

Wellington Square is an outdoor shopping centre in Stockton-on-Tees with a big range of shops.

Our address is:

Wellington Square Shopping Centre
Stockton-on-Tees
Teesside
TS18 1QX

Our website is:

www.wellingtonshops.co.uk

Our telephone number is:

01642 607782



Where can I shop at Wellington Square?

Shopping

There are lots of shops for you to visit at Wellington Square.

- Additional Lengths
- B&M
- Barclays
- Boots Opticians
- Card Factory
- CEX
- Chiltern Mills
- Cigara
- Citizens Advice Bureau
- Claires
- Elizabeths
- F Hinds
- Faking It
- Finishing Touches
- Harry Meynell
- Hays Travel
- Heron Foods
- Holland & Barrett



- Iceland
- JD Sports
- Junior Jungle
- Katie's Kards
- Max Spielmann
- Peacocks Greengrocers
- Post Office
- Poundland
- Ramsdens
- River Island
- Sallys
- Savers
- Specsavers
- Stockton Employment & Training Hub
- Stockton Shopmobility
- Suit Direct
- Superdrug
- Timpson
- The Works
- Three
- Vision Express
- Warren James
- WH Smith
- You Know Who's



Where can I eat at Wellington Square?

Wellington Square has plenty of places where you can eat.

- Bluecorn Bakery
- Caffè Nero
- Greggs
- KFC
- Subway

All our restaurants have a choice of hot and cold drinks, and sweet and savoury food options.



What else can I do at Wellington Square?

There are a range of games and artwork to see at Wellington Square. You can find them on the mall.



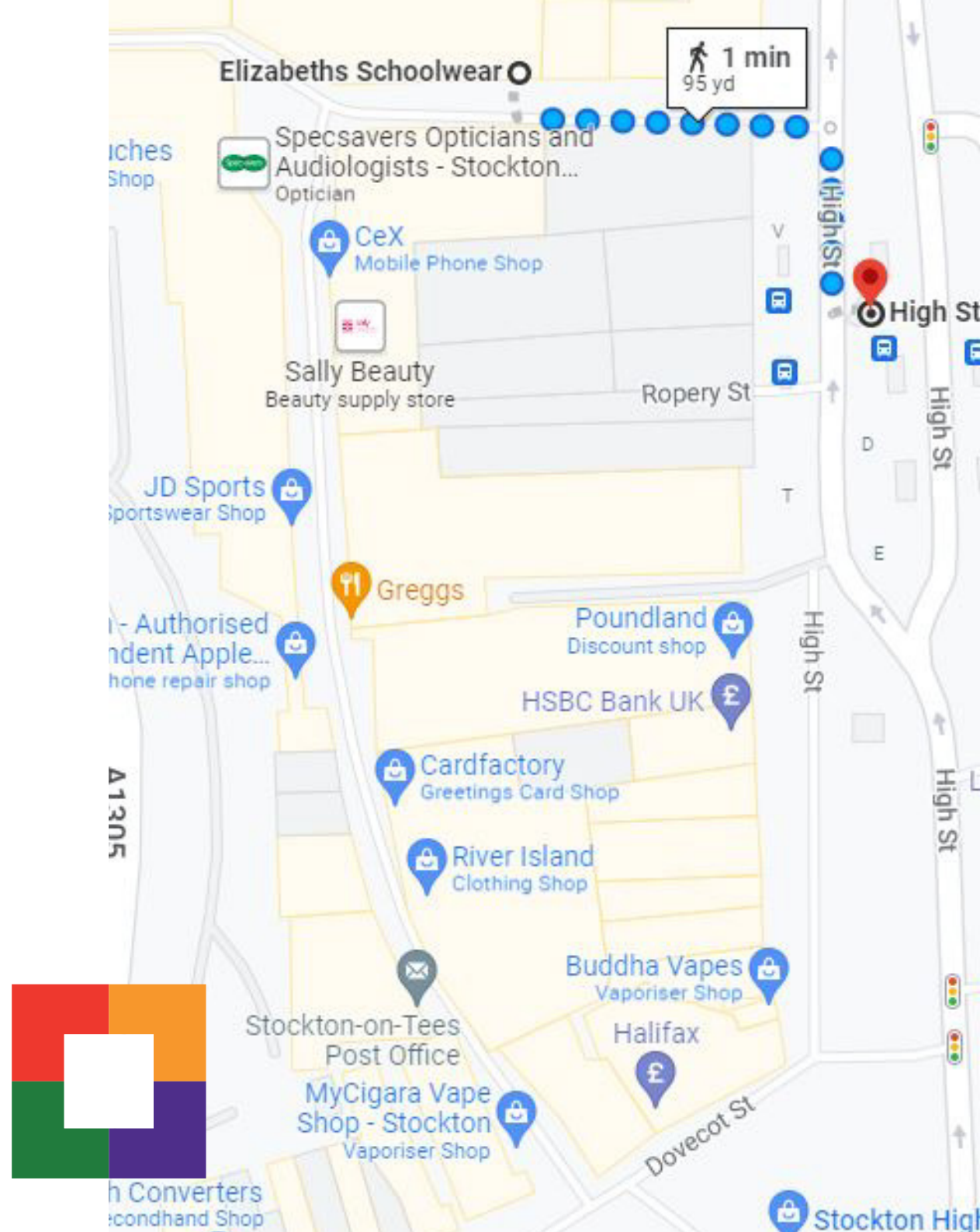
How will I get to Wellington Square?

You can get to Wellington Square by car.

We have a car park with Blue Badge parking.

You can get to Wellington Square by bus.

We are located a one-minute walk away from many bus stops on Stockton High Street.



How will I get in to Wellington Square?

We have three entrances to Wellington Square.

You can enter from Dovecot Street, Stockton High Street or Wellington Street.



How will I find the toilets?

Our toilets are opposite Iceland. We have male, female and disabled toilets.

There is a Changing Places toilet in The Shambles on Stockton High Street, a one-minute walk away from Wellington Square.



Who might I see at Wellington Square?

During your visit you might see a range of different people.

Shoppers, Management Staff, Security and Housekeeping – all our centre staff are autism trained.



What are the normal hours?

Wellington Square is open 9am to 5.30pm, Monday to Saturday and 10am to 4pm on a Sunday.

What are the busier times?

Wellington Square is busiest on a Wednesday and a Saturday.

During school holidays, Christmas and at our events, Wellington Square can look different with more people and different activities.

If you would like to come along to one of our events but you would like to find out more first, please email chantal.taylor@promise-fm.com



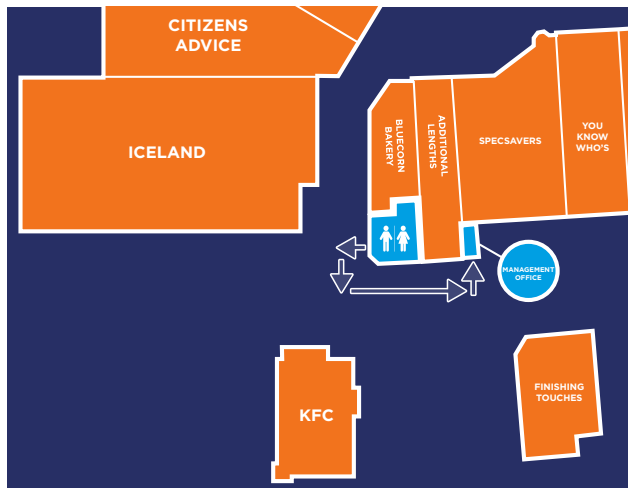
What are the quiet hours?

On a Friday and Saturday between 3pm and 5pm we hold quiet hours at Wellington Square. There will be no music on the mall, no announcements and all lights will be dimmed.



What do I do if I need help?

You can go to the Wellington Square Management Office which is located near the toilets. See map below:



Or you can visit any of the shops and ask for the Store Manager and tell them you are autistic and need help.



Daisy Chain

This autism-friendly guide is produced by Wellington Square in collaboration with Daisy Chain.

Daisy Chain supports and empowers autistic and neurodivergent individuals through the provision of holistic person-centered services, whilst promoting training, wellbeing, inclusion and acceptance regionally and nationwide.

For more information visit:
www.daisychainproject.co.uk





Thank you
We hope to see you soon at Wellington Square.